



## 2020 Community Health Needs Assessment Implementation Plan

Every three years Speare Memorial Hospital conducts a Community Health Assessment in collaboration with the Central New Hampshire Health Partnership (CNHHP). The most recent assessment was completed in 2020.

### The CNHHP is comprised of:

- Speare Memorial Hospital
- Community Action Program Belknap-Merrimack Counties
- Communities for Alcohol- and Drug-free Youth (CADY)
- Lakes Region Mental Health Center
- Mid-State Health Center
- Newfound Area Nursing Association
- Pemi-Baker Community Health

### Summary of community health needs and issues identified as significant health needs

- Affordable health insurance and cost of care and prescriptions
- Availability of mental health services
- Domestic violence and childhood trauma
- Cost of living including affordable housing and affordable, high quality child care
- Affordability of and access to healthy foods
- Availability of primary care and specialty medical services
- Services and supports for older adult day care and Dementia/Alzheimer's care
- Alcohol and drug use prevention, treatment and recovery
- Planning and responding to public health emergencies

### The Community Health Assessment identified high priorities for community health improvement efforts that rose to a high level priority not specifically identified in prior needs assessments:

- Affordable housing
- Healthcare for seniors
- Preparing for public health emergencies
- Affordable, high quality childcare

### High priority community health issues; community respondents:

| SIGNIFICANT COMMUNITY HEALTH NEEDS & ISSUES IDENTIFIED IN 2020 ASSESSMENT         |  |
|-----------------------------------------------------------------------------------|--|
| Affordable health insurance and cost of care and prescriptions                    |  |
| Availability of mental health care services                                       |  |
| Child Abuse or Neglect & Domestic violence                                        |  |
| Availability of primary care services                                             |  |
| Affordable food/access to enough food/healthy food availability                   |  |
| Cost of living including affordable housing & affordable, high quality child care |  |
| Healthcare for seniors (adult day care; Dementia/Alzheimer's care)                |  |
| Preparing for public health emergencies                                           |  |
| Prevention of substance misuse and addiction                                      |  |

The following pages include strategies that Speare Memorial Hospital is employing to address those needs relating to the services that Speare provides.

## AFFORDABLE HEALTH INSURANCE, COST OF CARE & PRESCRIPTIONS

- Availability of affordable health insurance and health care and prescriptions was the top priority identified by community and key stakeholder survey respondents in the CHNA.

| Spear Memorial Hospital is addressing the community need for access to affordable health care services and insurance with the following implementation strategies: |                                                                                                                      |
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| Implementation Strategy 1                                                                                                                                          | Community Health Services<br>Health Care Support Services                                                            |
| Implementation Strategy 2                                                                                                                                          | Subsidized Health Services                                                                                           |
| Implementation 3                                                                                                                                                   | Primary Care Services                                                                                                |
| Implementation 4                                                                                                                                                   | School Dental Program                                                                                                |
| Implementation 5                                                                                                                                                   | Breast Cancer Screening                                                                                              |
| Implementation Strategy 6                                                                                                                                          | Financial Contributions<br>Scholarships<br>Grants                                                                    |
| Implementation Strategy 7                                                                                                                                          | Government-Sponsored Health Care<br>Medicare Costs exceeding reimbursement<br>Medicaid Costs exceeding reimbursement |
| Implementation Strategy 8                                                                                                                                          | Charity Care<br>Free & Discounted Health Care Services                                                               |
| Implementation Strategy 9                                                                                                                                          | Medication donations to community non-profit agencies                                                                |
| Implementation Strategy 10                                                                                                                                         | Community-based clinical service                                                                                     |
| Implementation Strategy 11                                                                                                                                         | Diabetes education and support                                                                                       |
| Implementation Strategy 12                                                                                                                                         | Childbirth classes                                                                                                   |
| Implementation Strategy 13                                                                                                                                         | Car seat program                                                                                                     |
| Implementation Strategy 14                                                                                                                                         | Oncology outreach and education                                                                                      |
| Implementation Strategy 15                                                                                                                                         | Cash Donations                                                                                                       |
| Implementation Strategy 16                                                                                                                                         | Financial Counseling                                                                                                 |

## AVAILABILITY OF MENTAL HEALTH CARE SERVICES

- Availability to mental health care was the second highest priority identified by community and key stakeholder survey respondents.

| Spear Memorial Hospital is addressing the community need for access to mental health care services with the following implementation strategies: |                                                                                                                                                                                                                                                                      |
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| Implementation Strategy #1                                                                                                                       | Spear Memorial Hospital and the Central New Hampshire Health Partnership address the community health need of availability to mental health care services holistically with the goal of improving mechanisms that people in need in order to receive these services. |
| Implementation Strategy #2                                                                                                                       | Spear Memorial Hospital provides mental health services through Spear Primary Care.                                                                                                                                                                                  |
| Implementation Strategy #3                                                                                                                       | Spear Memorial Hospital provides mental health services through Plymouth Pediatric & Adolescent Medicine.                                                                                                                                                            |

## AVAILABILITY OF PRIMARY CARE & SPECIALTY MEDICAL SERVICES

|                                                                                                                                                                        |                                                     |
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| Spear Memorial Hospital is addressing the community need for availability of primary care and specialty medical services with the following implementation strategies: |                                                     |
| Implementation 1                                                                                                                                                       | Primary Care Clinic                                 |
| Implementation Strategy 2                                                                                                                                              | Community Health Services/Health Care Support Serv. |
| Implementation Strategy 3                                                                                                                                              | Subsidized Health Services                          |
| Implementation Strategy 4                                                                                                                                              | Specialty orthopedics                               |
| Implementation 5                                                                                                                                                       | School Dental Program                               |
| Implementation Strategy 6                                                                                                                                              | Community-based clinical service                    |
| Implementation Strategy 7                                                                                                                                              | Oncology outreach and education                     |
| Implementation Strategy 8                                                                                                                                              | Financial Counseling                                |

## AFFORDABLE FOOD / ACCESS TO ENOUGH FOOD HEALTHY FOOD AVAILABILITY

|                                                                                                                                    |                                              |
|------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------|
| Spear Memorial Hospital is addressing the community need for access to healthy foods with the following implementation strategies: |                                              |
| Implementation Strategy 1                                                                                                          | Community Health Education                   |
| Implementation Strategy 2                                                                                                          | Coalition building & food assistance         |
| Implementation Strategy 3                                                                                                          | Dietary and nutrition education and outreach |
| Implementation Strategy 4                                                                                                          | Nutrition education at women's health event  |

## HEALTHCARE FOR SENIORS (ADULT DAY CARE; DEMENTIA/ALZHEIMER'S CARE)

|                                                                                                                                                     |                                                                                                                                                 |
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| Spear Memorial Hospital is addressing the community need services related to seniors, dementia, and Alzheimer's care with the following strategies: |                                                                                                                                                 |
| Implementation Strategy 1                                                                                                                           | Senior Resource Fair providing information regarding senior health services from providers of those services, with a special focus on dementia. |

## PREPARING FOR PUBLIC HEALTH EMERGENCIES

|                           |                                                                                                                                                                                                                                           |
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| Implementation Strategy 1 | Spear Memorial Hospital has developed and put into place an incident command/infectious disease plan/system to best manage public health emergencies. This involves working closely with the State and Central NH emergency preparedness. |
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## PREVENTION OF SUBSTANCE MISUSE AND ADDICTION

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| Implementation Strategy 1 | Spear Memorial Hospital and the Central New Hampshire Health Partnership work together to address the need for accessible and available alcohol & drug use prevention, treatment & recovery services. |
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